

## **MPS/Northern Division of GBSSA**

### **Cross Country Running (Boys & Girls) Playing Regulations**

#### **1. Dates and Schedules:**

The MPS Championship will be held on the Wednesday or Friday during the week prior to the GBSSA Championships.

#### **2. Championship Location and Convenor:**

Convenors will be established at the MPS annual general meeting. The convenor will set the location for the MPS Championships.

#### **3. Classifications:**

Cross Country running will be conducted in three classifications: midget, junior, and senior.

#### **4. Tournament Structure and Procedure:**

- a) Eligibility sheets must be submitted at registration prior to the event. (see Bylaw 2, section 2 – eligibility of players)
- b) Athletes can enter and run in one age classification only.
- c) Athletes must run in the age classification in which they are entered.
- d) The first four finishers for a school is totalled for team scores. In the event of ties, the places of the 4<sup>th</sup> place finishers will be used. The team with the lowest score is the winner. There is an unlimited entry for runners from each school.
- e) Overall team title – The school must have 4 runners in a team category to have a team score. The team category scores are then totalled. The school must have 4 runners finish in each of the six races. The school with the lowest team score is the winner.

Scoring: First place = 10 points  
Second place = 8 points  
Third place = 6 points  
Fourth place = 4 points  
Fifth place = 2 points

All teams remaining will receive 1 point.

#### **5. Location and Game times:**

The MPS convenor will set the location and times four weeks prior to the championship dates.

#### **6. Tie Breaking Procedures:**

- a) In the event of ties, the places of the 4<sup>th</sup> place finisher will be used for team scores.
- b) In the event of a tie for the Overall team titles, the teams will be co-champions.

#### **7. Expenses:**

An entry fee will be charged to cover the costs of the championship and the awards.

#### **8. Eligibility of Players:**

See [GBSSA Constitution Bylaw #2, subsections 1-13](#).

## **Cross Country Running (con't)**

### **9. Rules and Officials:**

Officials are volunteers, teachers, and students organized by the convenor.

### **10. Uniform and Equipment:**

Competitors in the MPS Championships must wear identical tops.

### **11. Awards:**

MPS trophies will be presented to the winning teams. Medallions are presented to the individual winner in each category.

### **12. Jury of Appeal:**

Any dispute other than those that come under the jurisdiction of the umpire of GBSSA Board of Reference will be ruled upon by a jury consisting of: convenor, executive member, and neutral member at the discretion of the convenor. All protests must be submitted to the convenor in writing within twenty-four hours after the incident in question and will be accompanied by a \$20.00 cheque.