

## MPS/Northern Division of GBSSA

### Field Lacrosse (Boy's and Girl's) Playing Regulations:

#### 1. Dates and Schedules:

- a) All teams shall be involved in two Friday **(or other dates if these dates do not interfere with other sports)** league scheduled tournaments. Every effort will be made to involve a round robin type play. Results of these games will be used to determine seeding for the MPS Championship.
- b) MPS championships should be held at least 3 days prior to the GBSSA Championship **(since there are no GBSSA championships in this sport, then this date will be determined by OFSAA or other regional championships – one week prior to OFSSA – this year June 1<sup>st</sup> -2nd)**

#### 2. Championship Location and Convenor:

Convenors will be established at the MPS annual general meeting. The convenor will set the location for the MPS Championships.

#### 3. Classifications:

Field Lacrosse will be offered at the “open” level **(for both boys and girls)**

#### 4. Tournament Structure and Procedure:

After league play, tournament structure for championships will be based on number of teams in the league. In years where there are three teams in the league the top two teams will play in the championship game. In years where there are more than three teams in the league the second place team will play the third place team, with the winner playing the first place team for the championship. **(In the first year, all the teams –4–will participate in the championships. )**

#### 5. Tie Breaking Procedures:

If 2 or more teams are tied, the tie breaking criteria is applied one after the other until the tie is broken **(See Below for proposed change)**

- a) Head to head record between the tied teams.
- b) **(fewest penalty mins.)**
- c) **(fewest goals against)**
- d) Coin Toss

If 3 or more teams are tied, the above criteria will be applied, one after the other until all the teams are ranked. Thus, if there is a tie among teams X, Y & Z and criteria “b” is able to determine that team X is first, Y is second and Z is third, then no further criteria are to be used. The tie is broken. However, if criteria “b” only determines team X as first and there is still a tie with team Y & Z, then the ranking of the remaining teams will be determined by continuing on with criteria “c” and so on. The criteria should NOT start “a” again for

teams Y and Z – the criteria should continue in sequence. (**Can this paragraph be re-examined?**)

## **6. Expenses:**

The cost of the MPS tournaments will be shared by the participants involved. (**Refer to handout**)

## **7. Eligibility of Players:**

See [GBSSA Constitution Bylaw #2, subsections 1-13.](#)

## **8. Rules and Officials:**

### **A) Rules**

The International Lacrosse Rules book will be in effect with the following exceptions

- a) Games will be 2 - 30 min. halves with one minute between halves. One time out per half will be allowed. The games can be shortened in length if both coaches mutually agree.
- b) The last 3 min. of the game is stop time if the goal spread is **FIVE** goals or less. If the goal spread becomes **FIVE** or more, straight time will be played.
- c) Proper Substitutions may occur at any time as per the Lacrosse Rules.
- d) For each league game, zero points for a loss, 2 points for a win and 1 point for a tie. There is no overtime in regular league play. Playoff overtime to break a tied game will consist of a “sudden victory period of 10 minutes in length, if still tied, then a 3 man “Shoot-out” will occur – alternating shots.
- e) Five minutes in penalties in a game and the player is suspended from the game (eg. “fouled-out”).(**or five penalties**)
- f) Any kind of fighting including a “Single punch” will result in the player being removed from the game and will be suspended until a “board of reference” is held.
- g) Unsportsmanlike conduct including such things as harassment of officials, coaches, spectators or players can also result in a suspension and a “board of reference” being called.
- h) All suspensions if need be, will carry into the following season.
- i) A no slashing rule will be in effect. Players who slash directly at any part of their opponent’s body will be penalized. Attempts to hit the other players’ sticks are acceptable if there is no attempt to injure.

### **B) Officials**

**Certified OLA officials will be appointed for each of the games through the OLA Northern Convenor (Jim Price) [fieldref@rogers.com](mailto:fieldref@rogers.com)**

### **C) Minor Officials**

**The host team will provide two timekeepers and two ball persons. This can be accomplished through the use of students who require community service hours and are allowed to leave class.**

## **9. Uniform and Equipment:**

The International Lacrosse Rules book will be in effect.

- a) All players must wear approved helmets and masks with no bars cut out.
- b) Players must wear gloves (with palms in). Fingers should not be exposed.
- c) The goalie must wear a throat guard.
- d) Each player must wear a team jersey (**with numbers on back**)

## **10. Awards:**

MPS medallions will be awarded to the championship team.

## **11. Jury of Appeal:**

Any dispute other than those that come under the jurisdiction of the umpire of GBSSA Board of Reference will be ruled upon by a jury consisting of: convenor, executive member, and neutral member at the discretion of the convenor. All protests must be submitted to the convenor in writing within twenty-four hours after the incident in question and will be accompanied by a \$20.00 cheque.