

## **MPS/Northern Division of GBSSA**

### **Nordic Skiing (Boys & Girls) Playing Regulations**

#### **1. Dates and Schedules:**

The MPS Championship will be held on the Wednesday or Friday during the week prior to the GBSSA Championships.

#### **2. Championship Location and Convenor:**

Convenors will be established at the MPS annual general meeting. The convenor will set the location for the MPS Championships.

#### **3. Classifications:**

Nordic skiing will be conducted in two classifications: junior and senior.

#### **4. Tournament Structure and Procedure:**

- a) The number of skiers starting and the time interval between starts is to be determined by the meet organizer.
- b) This is a one-day meet using distance for the various age groups that are as close to O.F.S.A.A distances as possible: Junior Girls - 4 kilometres; Senior Girls - 5 kilometres; Junior Boys - 5 kilometres; Senior Boys - 10 kilometres; Relays - less than individual race lengths.
- c) Relays (if run) will use the same team make-up as OFSAA  
See [GBSSA regulations for scoring regulations](#).

##### Individuals

The individual with the fastest time in each of the four divisions is declared the MPS Champion in each.

#### **5. Tie Breaking Procedures:**

If, after calculating Final Team Scores, there is a tie for 1<sup>st</sup> Place, the team with the better relay score wins.

#### **6. Expenses:**

An entry fee will be charged to cover the costs of the championship and the awards.

#### **7. Eligibility of Players:**

See [GBSSA Constitution Bylaw #2, subsections 1-13](#).

#### **8. Rules and Officials:**

Officials are volunteers, teachers, and students organized by the convenor.

#### **9. Uniform and Equipment:**

Skiers should wear appropriate cross-country apparel.

## **Nordic Skiing (con't)**

### **10. Awards:**

The individual with the fastest time in each category (Junior boy, Junior girl, Senior boy, Senior girl) will be awarded an MPS medallion.

### **11. Jury of Appeal:**

Any dispute other than those that come under the jurisdiction of the umpire of GBSSA Board of Reference will be ruled upon by a jury consisting of: convenor, executive member, and neutral member at the discretion of the convenor. All protests must be submitted to the convenor in writing within twenty-four hours after the incident in question and will be accompanied by a \$20.00 cheque.