

MPS/Northern Division of GBSSA

Cross Country Running (Boys & Girls) Playing Regulations:

1. Dates and Schedules:

The MPS Championship will be held on the Wednesday or Friday during the week prior to the GBSSA Championships.

2. Championship Location and Convenor:

Convenors will be established at the MPS annual general meeting. The convenor will set the location for the MPS Championships.

3. Classifications:

Cross Country running will be conducted in three classifications: midget, junior, and senior.

4. Tournament Structure and Procedure:

- a) Eligibility sheets must be submitted at registration prior to the event. (see Bylaw 2, section 2 – eligibility of players)
- b) Athletes can enter and run in one age classification only.
- c) Athletes must run in the age classification in which they are entered.
- d) The first four finishers for a school is totalled for team scores. In the event of ties, the places of the 4th place finishers will be used. The team with the lowest score is the winner. There is an unlimited entry for runners from each school.
- e) Overall team title – The school must have 4 runners in a team category to have a team score. The team category scores are then totalled. The school must have 4 runners finish in each of the six races. The school with the lowest team score is the winner.

Scoring: First place = 10 points
Second place = 8 points
Third place = 6 points
Fourth place = 4 points
Fifth place = 2 points

All teams remaining will receive 1 point.

5. Location and Game times:

The MPS convenor will set the location and times four weeks prior to the championship dates.

6. Tie Breaking Procedures:

- a) In the event of ties, the places of the 4th place finisher will be used for team scores.
- b) In the event of a tie for the Overall team titles, the teams will be co-champions.

7. Expenses:

An entry fee will be charged to cover the costs of the championship and the awards.

8. Eligibility of Players:

See [GBSSA Constitution Bylaw #2, subsections 1-13](#).

Cross Country Running (con't)

9. Rules and Officials:

Officials are volunteers, teachers, and students organized by the convenor.

10. Uniform and Equipment:

Competitors in the MPS Championships must wear identical tops.

11. Awards:

MPS trophies will be presented to the winning teams. Medallions are presented to the individual winner in each category.

12. Jury of Appeal:

Any dispute other than those that come under the jurisdiction of the umpire of GBSSA Board of Reference will be ruled upon by a jury consisting of: convenor, executive member, and neutral member at the discretion of the convenor. All protests must be submitted to the convenor in writing within twenty-four hours after the incident in question and will be accompanied by a \$20.00 cheque.