

## MPS/Northern Division of GBSSA

### Field Lacrosse (Boy's) Playing Regulations:

#### 1. Dates and Schedules:

- a) All teams shall be involved in two Friday (or other dates if these dates do not interfere with other sports) league scheduled tournaments. Every effort will be made to involve a round robin type play. Results of these games will be used to determine seeding for the MPS Championship.
- b) MPS championships should be held at least 3 days prior to the GBSSA Championship. (Since there are no GBSSA championships in this sport, then this date will be determined by OFSAA or other regional championships – one week prior to OFSAA)

#### 2. Championship Location and Convenor:

Convenors will be established at the MPS annual general meeting. The convenor will set the location for the MPS Championships.

#### 3. Classifications:

Field Lacrosse will be offered at the “varsity” level.

#### 4. Tournament Structure and Procedure:

Considering that the MPS Championship also determines GBSSA representation to OFSAA:

- a) The championship day tournament structure will be:
  - 2<sup>nd</sup> vs 3<sup>rd</sup>
  - 1<sup>st</sup> vs 4<sup>th</sup>
  - Consolation Final
  - Championship Final
- b) In years where there are only 3 teams, the tournament structure will be
  - 2<sup>nd</sup> vs 3<sup>rd</sup>
  - 1<sup>st</sup> vs winner

#### 5. Tie Breaking Procedures:

If 2 or more teams are tied, the tie breaking criteria is applied one after the other until the tie is broken.

- a) Head to head record between the tied teams.
- b) The team with the best ratio of won/lost games, considering games between the tied teams only, will be ranked higher.
- c) Record against the next lowest placed team.
- d) Ties that do not determine a final play-off berth will be decided by the fewest penalty minutes incurred over the course of the entire season schedule.
- e) Ties that determine final play-off berths must be decided by a play-in game on the tiebreaker day, as indicated on the schedule. The location of this game will be determined by a coin toss and all costs will be split evenly.
- f) Ties that determine 1<sup>st</sup> and 2<sup>nd</sup> place will be decided by a coin toss after (a & b) are used.

## **Boy's Field Lacrosse (con't):**

If 3 or more teams are tied, the above criteria will be applied, one after the other until all the teams are ranked. Thus, if there is a tie among teams X, Y & Z and criteria "b" is able to determine that team X is first, Y is second and Z is third, then no further criteria are to be used. The tie is broken. However, if criteria "b" only determines team X as first and there is still a tie with team Y & Z, then the ranking of the remaining teams will be determined by continuing on with criteria "c" and so on. The criteria should NOT start "a" again for teams Y and Z – the criteria should continue in sequence.

### **6. Expenses:**

The cost of the MPS tournament will be shared by the participants.

### **7. Eligibility of Players:**

See [GBSSA Constitution Bylaw #2, subsections 1-13.](#)

### **8. Rules and Officials:**

#### **A) Rules**

The International Lacrosse Rules book will be in effect with the following exceptions

- a) Games will be 4 – 12min. quarters with a 1min. break between the 1<sup>st</sup> and 2<sup>nd</sup>, and 3<sup>rd</sup> and 4<sup>th</sup> quarters and a five minute break between halves. One time out per half will be allowed. The games can be shortened in length if both coaches mutually agree.
- b) The last 3 min. of the game is stop time if the goal spread is 3 goals or less. If the goal spread becomes 3 or more, straight time will be played.
- c) Proper Substitutions may occur at any time as per the Lacrosse Rules.
- d) For each league game, zero points for a loss, 2 points for a win and 1 point for a tie. There is no overtime in regular league play. Playoff overtime to break a tied game will consist of a "sudden victory period of 10 minutes in length, if still tied, then a 3 man "Shoot-out" will occur – alternating shots.
- e) Four minutes in penalties and/or five penalties in a game and the player is suspended from the game (eg. "fouled-out").
- f) Any kind of fighting including a "Single punch" will result in the player being removed from the game and will be suspended until a "board of reference" is held.
- g) Unsportsmanlike conduct including such things as harassment of officials, coaches, spectators or players, dangerous play or intent to injure, will also result in a suspension and a "board of reference" being called.
- h) All suspensions if need be, will carry into the following season.
- i) A no slashing rule will be in effect. Players who slash directly at any part of their opponent's body will be penalized. Attempts to hit the other players' sticks are acceptable if there is no attempt to injure.

#### **B) Officials**

Certified OLA officials will be appointed for each of the games through the OLA Northern Convenor (Jim Price) [fieldref@rogers.com](mailto:fieldref@rogers.com)

## **Boy's Field Lacrosse (con't)**

### **C) Minor Officials**

The host team will provide two timekeepers and two ball persons.

### **9. Uniform and Equipment:**

The International Lacrosse Rules book will be in effect.

- a) CSA approved helmet and mask with chinstrap fastened on both sides
- b) Full fit interior mouth guard at all times when on field of play
- c) Gloves with fingers fully encased
- d) Shoulder pads
- e) Arm pads
- f) The goalie must wear a throat guard.
- g) Each player must wear a team jersey with a number on the back.

### **10. Awards:**

MPS medallions will be awarded to the championship team.

### **11. Jury of Appeal:**

Any dispute other than those that come under the jurisdiction of the umpire of GBSSA Board of Reference will be ruled upon by a jury consisting of: convenor, executive member, and neutral member at the discretion of the convenor. All protests must be submitted to the convenor in writing within twenty-four hours after the incident in question and will be accompanied by a \$20.00 cheque.